



# Class Times

Effective April 2012

480-218-7777

Please register your email address at [www.eastwestmma.com](http://www.eastwestmma.com) for updates on the school and events.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Tiny Tigers 3-5</b>		3:30 PM		3:30 PM		
<b>Lil Champs 4-7</b>	4:00 PM	4:45 PM	4:00 PM	4:45 PM	4:00 PM Sparring	
<b>White-Orange 7-12</b>	4:30 PM	5:15 PM	4:30 PM	5:15 PM	4:00 PM Sparring	
<b>Purple-Green 7-12</b>	6:00 PM	4:00 PM	6:00 PM	4:00 PM	4:00 PM Sparring	
<b>Brown-Black 7-12</b>	5:15 PM	6:00 PM	5:15 PM	6:00 PM	4:00 PM Sparring	
<b>Youth Jiu-Jitsu</b>	4:30 PM	5:00 PM	4:30 PM	5:00 PM	5:00 PM	
<b>Jiu-Jitsu</b>	6:30 PM	10:30 AM-7:30 PM	6:30 PM	10:30 AM-7:30 PM	5:00 PM	10:30 AM
<b>Teen-Adult MMA</b>	8:00 PM	6:45 PM	8:00 PM	6:45 PM		
<b>Combat/Leadership Club</b>					5:00 PM	
<b>Strength/Conditioning</b>	5:30 PM	9:30 AM-6:30 PM	5:30 PM	9:30 AM-6:30 PM	6:00 Special events	Birthday Parties

**Students must have enough classes each cycle in order to graduate. Minimum number of required classes is 24 classes in each cycle, 24 = 2 each week Private classes by appointment. ALL Students must bring their SPARRING GEAR Monday/Tuesday, WEAPON Wednesday/Thursday. Full Karate Uniform Monday and Tuesday, ONLY approved East West MMA Tee shirts and or Shorts Allowed to be worn in class Wednesday and Thursday , Testing uniform should be worn during "ALL" TIP last week of the month and belt testing week third month of the cycle. Ask about our Birthday Parties!**



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